

Brian J Gough Reverse 10 2026

Overall Results

Pl.	Bib	Name	Gender	Gen.Rank	Age Cat. (AC)	AC.Rank	Club	ChipTime	GunTime
1.	1893	Munro, Lewis	M	1	Senior Men	1	Islwyn Running Club	53:50	53:51
2.	2021	Williams, Dane	M	2	Senior Men	2	Parc Bryn Bach RC	55:48	55:48
3.	1722	Drew, Lee	M	3	Senior Men	3	Lliswerry Runners	56:40	56:40
4.	2010	Wade, Thomas	M	4	Senior Men	4	Parc Bryn Bach RC	57:11	57:11
5.	1786	Hansell, James	M	5	Senior Men	5	San Domenico RC	57:15	57:15
6.	1761	Gardiner, Andy	M	6	Senior Men	6	San Domenico RC	57:42	57:43
7.	1672	Davies, Harley	M	7	Senior Men	7	Neath Harriers	58:21	58:22
8.	1915	Parry, Jamie	M	8	Senior Men	8	Parc Bryn Bach RC	58:50	58:51
9.	1806	Hudson, Huw	M	9	Senior Men	9	Penarth and Dinas Runners	59:01	59:03
10.	1723	Duggan, Luke	M	10	Senior Men	10	Porthcawl Runners	59:05	59:05
11.	1852	Line, Alexander	M	11	U23 Men	1	Islwyn Running Club	59:31	59:33
12.	2018	Wilks, Gary	M	12	Senior Men	11	Islwyn Running Club	1:00:25	1:00:27
13.	1907	Oxley, Chris	M	13	V40 Men	1	San Domenico RC	1:00:39	1:00:39
14.	1816	Jacklin, Matthew	M	14	V50 Men	1	Aberdare Valley Amateur AC	1:01:32	1:01:33
15.	1901	Oldrieve, Guy	M	15	Senior Men	12	CDF Runners	1:01:57	1:02:00
16.	1456	Burridge, John	M	16	V40 Men	2	Ogmore Phoenix Runners	1:02:04	1:02:06
17.	1921	Patterson, Gavin	M	17	V40 Men	3	Parc Bryn Bach RC	1:02:27	1:02:29
18.	1917	Partridge, Rob	M	18	V40 Men	4		1:02:29	1:02:30
19.	1815	Ivins, Jason	M	19	Senior Men	13	Rhondda Valley Runners	1:02:59	1:03:00
20.	1704	Davies, Mark	M	20	Senior Men	14	Parc Bryn Bach RC	1:03:18	1:03:20
21.	1683	Davies, Huw	M	21	V40 Men	5	San Domenico RC	1:03:48	1:03:50
22.	1805	Howells, Sioned	F	1	Senior Women	1	Swansea Harriers AC	1:04:11	1:04:13
23.	1903	Oram, Ashley	M	22	Senior Men	15	Aberdare Valley Amateur AC	1:04:13	1:04:16
24.	1066	Allerston, Rhys	M	23	Senior Men	16	CDF Runners	1:04:28	1:04:32
25.	1812	Humphreys, Wayne	M	24	V50 Men	2			

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59.	1941	Poulson, Megan	F	3	Senior Women	3	San Domenico RC	1:10:58	1:11:02
60.	1851	Lewis, Scott	M	57	Senior Men	33	Rhondda Valley Runners	1:11:04	1:11:08
61.	1793	Haycock, Alex	M	58	V40 Men	12	CDF Runners	1:11:08	1:11:14
62.	1773	Greaves, Scott	M	59	Senior Men	34	Parc Bryn Bach RC	1:11:23	1:11:28
63.	1847	Lewis, Elin	F	4	Senior Women	4	Caerphilly Runners	1:11:30	1:11:33
64.	1871	Mason, Paul	M	60	V40 Men	13	Griffithstown Harriers	1:11:40	1:11:49
65.	1999	Tran, Anh Quan	M	61	Senior Men	35	CDF Runners	1:12:00	1:12:05
66.	1791	Harrison, Mike	M	62	V40 Men	14	Penarth and Dinas Runners	1:11:58	1:12:07
67.	1705	Davies, Mike	M	63	V60 Men	4	Albany Road Run Club	1:12:06	1:12:09
68.	1121	Andrews, Jesse	M	64	V40 Men	15	CDF Runners	1:12:06	1:12:13
69.	1902	Olsen, Mark	M	65	V40 Men	16		1:12:06	1:12:17
70.	1781	Gwenter, Matthew	M	66	V40 Men	17	Penarth and Dinas Runners	1:12:23	1:12:30
71.	1772	Gray, Ethan	M	67	U23 Men	5		1:12:30	1:12:33
72.	1752	Floris, Francesca	F	5	Senior Women	5	CDF Runners	1:12:23	1:12:34
73.	1995	Thompson, Cory	M	68	Senior Men	36	Merthyr Running Club	1:12:54	1:13:02
74.	2023	Williams, Delyth	F	6	V35 Women	1	San Domenico RC	1:13:08	1:13:12
75.	1835	Jones, Sam	M	69	Senior Men	37	CDF Runners	1:13:18	1:13:22
76.	1274	Barker, Catherine	F	7	V45 Women	1	Penarth and Dinas Runners	1:13:25	1:13:31
77.	1826	Jones, Abigail	F	8	Senior Women	6	Penarth and Dinas Runners	1:13:52	1:14:01
78.	1830	Jones, Michael	M	70	V40 Men	18	Hengoed Harriers	1:14:04	1:14:07
79.	1946	Profit, Neil	M	71	V40 Men	19	Islwyn Running Club	1:13:59	1:14:07
80.	1873	Matsell, Wesley	M	72	V40 Men	20		1:14:09	1:14:20
81.	1890	Morgan, Tom	M	73	Senior Men	38	CDF Runners	1:14:22	1:14:27
82.	1563	Clemence, Ellie	F	9	Senior Women	7	CDF Runners	1:14:23	1:14:28
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117.	1493	Carter Morgan, Sara	F	21	V45 Women	4	Taff Ely Triathlon Club	1:19:02	1:19:28
118.	1984	Sullivan, Richard	M	97	V50 Men	12	Swansea Harriers AC	1:19:23	1:19:32
119.	1486	Calder, Gideon	M	98	V50 Men	13	Penarth and Dinas Runners	1:19:26	1:19:33
120.	1919	Paterson, Hayley	F	22	V45 Women	5		1:19:28	1:19:46
121.	1422	Boardman, Niall	M	99	Senior Men	51	Islwyn Running Club	1:19:48	1:19:58
122.	1567	Coles, Rhys	M	100	Senior Men	52		1:19:52	1:20:08
123.	1467	Cain, Karl	M	101	V50 Men	14	#TeamBeut	1:20:11	1:20:20
124.	1491	Carr, Richard	M	102	V40 Men	25	Run grangetown	1:20:21	1:20:29
125.	1857	Lucas, Matthew	M	103	V40 Men	26		1:20:18	1:20:32
126.	2028	Williams, Matthew	M	104	V40 Men	27		1:20:18	1:20:37
127.	1963	Rogers, Christopher	M	105	Senior Men	53	Teulu Triathlon Sirhowy	1:20:34	1:20:51
128.	1738	Elsey, Ashleigh	M	106	Senior Men	54	Tri Hard Harriers	1:20:28	1:20:55
129.	1964	Rogers, Grant	M	107	Senior Men	55	Teulu Triathlon Sirhowy	1:20:45	1:21:02
130.	1554	Clarke, Tom	M	108	Senior Men	56	Penarth and Dinas Runners	1:20:55	1:21:06
131.	1823	Jobes, Keiron	M	109	V40 Men	28		1:21:03	1:21:19
132.	1838	Kelsey, Lorraine	F	23	V35 Women	6	Islwyn Running Club	1:21:05	1:21:24
133.	2024	Williams, Hywel	M	110	V40 Men	29	Caerphilly Runners	1:21:18	1:21:24
134.	1246	Baker, Tom	M	111	V40 Men	30	San Domenico RC	1:21:29	1:21:33
135.	1734	Edwards, Janet	F	24	V55 Women	1	Rhondda Valley Runners	1:21:32	1:21:39
136.	1779	Griffiths Osborne, Lucy	F	25	Senior Women	12	CDF Runners	1:21:35	1:21:46
137.	1764	George, Mike	M	112	Senior Men	57	CDF Runners	1:21:38	1:21:49
138.	1862	Lyons, Aileen	F	26	V35 Women	7	Les Croupiers RC	1:21:31	1:21:49
139.	1796	Nguyen, Kat	F	27	Senior Women	13	CDF Runners	1:21:44	1:21:49

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175.	1795	Hazell, Richard	M	136	V40 Men	39	Caerphilly Runners	1:25:58	1:26:18
176.	1970	Scarratt, Matt	M	137	V50 Men	19		1:26:10	1:26:25
177.	1737	Ellis, Tony	M	138	V50 Men	20	Pontyclun Road Runners	1:26:05	1:26:27
178.	1836	Jones, Sarah	F	40	Senior Women	16		1:26:14	1:26:34
179.	1656	Davies, Christopher	M	139	Senior Men	64	CDF Runners	1:26:42	1:26:55
180.	1699	Davies, Joanne	F	41	V35 Women	12	Pegasus RC	1:26:41	1:26:57
181.	1881	Miles, Rebekah	F	42	V35 Women	13	Les Croupiers RC	1:26:58	1:27:11
182.	1810	Hughes, Niall	M	140	V50 Men	21	San Domenico RC	1:27:05	1:27:22
183.	1774	Gregory, Peter	M	141	V60 Men	11	Albany Road Run Club	1:27:19	1:27:36
184.	1782	Hacker, Leah	F	43	Senior Women	17		1:27:26	1:27:38
185.	1932	Pinney, Dylan	M	142	Senior Men	65		1:27:30	1:27:41
186.	1933	Pinney, Lisa	F	44	V45 Women	12	Clwb Run Wales	1:27:30	1:27:41
187.	1754	Ford, Jenna	F	45	V35 Women	14	Rhondda Valley Runners	1:27:29	1:27:44
188.	1894	Murphy, Michael	M	143	V50 Men	22		1:27:41	1:28:07
189.	1916	Parry, Mark	M	144	V50 Men	23		1:27:39	1:28:08
190.	1701	Davies, Luke	M	145	V40 Men	40	Ystrad Mynach Running Club	1:28:08	1:28:16
191.	1980	Stephens, Elizabeth	F	46	Senior Women	18	Caerphilly Runners	1:28:08	1:28:23
192.	2011	Walker, Sam	M	146	Senior Men	66		1:28:04	1:28:28
193.	1935	Pollock, Chris	M	147	V60 Men	12	Penarth and Dinas Runners	1:28:21	1:28:37
194.	1976	Skivens, Lewis	M	148	V40 Men	41		1:28:10	1:28:40
195.	1729	Edmonds-Daniel, Katrina	F	47	Senior Women	19	Caerphilly Runners	1:28:34	1:28:49
196.	1856	Love, Russell	M	149	V40 Men	42	CDF Runners	1:28:41	1:28:57
197.	1877	Mears, Phillip	M	150	V50 Men	24	White Rock Runners	1:28:46	1:28:59

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233.	1769	Gott, Sophie	F	63	V45 Women	17	Penarth and Dinas Runners	1:37:03	1:37:18
234.	1778	Griffiths, Kayley	F	64	V35 Women	19		1:37:06	1:37:25
235.	2004	Tuson, Louise	F	65	V45 Women	18		1:37:11	1:37:26
236.	1411	Blackmore, Hiedi	F	66	V45 Women	19	White Rock Runners	1:37:15	1:37:34
237.	1570	Colley, Helen	F	67	V45 Women	20	Taff Ely Triathlon Club	1:37:24	1:37:50
238.	1320	Barnett, Charles	M	171	V60 Men	17	Pontypridd Roadents AC	1:37:42	1:38:01
239.	1897	O'brien, Michael	M	172	V40 Men	47	Merthyr Triathlon Club	1:37:50	1:38:16
240.	1407	Beckett, Mary	F	68	V35 Women	20		1:38:03	1:38:18
241.	1735	Elliott, Clare	F	69	V55 Women	5	Caerphilly Runners	1:38:40	1:39:00
242.	865	Abney-Hastings, Naomi	F	70	V45 Women	21	Womens Running Penarth	1:38:58	1:39:19
243.	1725	Dunne, John	M	173	V50 Men	30	Sandbach Striders	1:38:58	1:39:19
244.	1721	Drage, Nicholas	M	174	V50 Men	31	White Rock Runners	1:39:08	1:39:29
245.	1942	Powell, Dan	M	175	V40 Men	48	Vale Runners	1:39:12	1:39:32
246.	1808	Hughes, Carol Anne	F	71	V45 Women	22		1:39:19	1:39:33
247.	1572	Cook, Emma	F	72	V45 Women	23	Caerphilly Runners	1:39:30	1:39:45
248.	2200	Hazell, Ruth	F	73	V35 Women	21	Caerphilly Runners	1:39:31	1:39:45
249.	1427	Brewer, Rachel	F	74	V45 Women	24		1:39:28	1:39:49
250.	1981	Stevens, Peter	M	176	V50 Men	32		1:39:26	1:39:52
251.	1104	Ananicz, Monika	F	75	V35 Women	22		1:39:34	1:39:56
252.	1119	Ananicz, Robert	M	177	V40 Men	49		1:39:34	1:39:56
253.	1576	Cope, Alastair	M	178	V40 Men	50	Dragons RC (Sale)	1:39:34	1:40:00
254.	1797	Healy, Emma	F	76	V45 Women	25	Penarth and Dinas Runners	1:40:16	1:40:25
255.	1956	Rees, Debbie	F	77	V55 Women	6	Penarth and Dinas Runners		

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291.	2014	Wellington, Claire	F	102	V55 Women	15	Tri Hard Harriers	1:48:59	1:49:26
292.	1924	Pearce, Lucia	F	103	Senior Women	31	Albany Road Run Club	1:49:17	1:49:34
293.	1717	Dendle, Joanne	F	104	V55 Women	16	Pontyclun Road Runners	1:49:33	1:49:55
294.	1210	Anthony, Adam	M	190	V40 Men	52	Roberttown Road Runners	1:49:52	1:50:33
295.	1707	Davies, Nicola	F	105	V45 Women	32	Albany Road Run Club	1:50:20	1:50:38
296.	1746	Evans, Nichola	F	106	V45 Women	33	Dragons Running Club	1:51:07	1:51:22
297.	1569	Colley, Adrian	M	191	V60 Men	21	Taff Ely Triathlon Club	1:50:58	1:51:25
298.	1853	Llewellyn, Catherine	F	107	V55 Women	17	Merthyr Running Club	1:51:17	1:51:34
299.	2013	Watson, Rob	M	192	V50 Men	37	Running Punks	1:51:13	1:51:37
300.	1866	Mal, Kelmal	M	193	V60 Men	22		1:51:33	1:52:04
301.	1783	Haigh, Julie	F	108	V65 Women	2	Caerphilly Runners	1:51:34	1:52:06
302.	1910	Panes, Debra	F	109	V55 Women	18		1:51:46	1:52:09
303.	1875	McConnell, Siobhan	F	110	Senior Women	32	Dragons Running Club	1:51:56	1:52:23
304.	1994	Thomas, Sarah	F	111	V35 Women	25	Merthyr Triathlon Club	1:52:09	1:52:33
305.	2033	Williams, Sarah	F	112	V35 Women	26		1:52:09	1:52:33
306.	1613	Cummings, Angharad	F	113	V45 Women	34		1:52:12	1:52:35
307.	1583	Cottrell, Shawna	F	114	Senior Women	33	Merthyr Running Club	1:52:22	1:52:45
308.	1802	Hopkinson, Lara	F	115	V45 Women	35	Penarth and Dinas Runners	1:52:27	1:52:47
309.	1889	Morgan, Suzanne	F	116	V55 Women	19		1:52:26	1:52:51
310.	1777	Griffiths, Elizabeth	F	117	V55 Women	20		1:52:28	1:52:52
311.	2000	Trivett, Karen	F	118	V45 Women	36		1:52:28	1:52:52
312.	1731	Edwards, Carys	F	119	Senior Women	34	Tri Hard Harriers	1:52:38	1:53:06
313.	1837	Joslin, Robert	M	194					

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349.	1392	Batten, Louisa	F	144	V45 Women	47		2:17:58	2:18:26
350.	1809	Hughes, Mark	M	206	V40 Men	56		2:31:52	2:32:21

Number of records: 350