

Pontypridd Park Relays 2023 - Results (Open)

Place	Bib	Team	Club Name	Cat.	AG	ChipTime	GunTime	LegAName	LegA	LegBName	LegB	LegCName	LegC	LegDName	LegD	LegEName	LegE	LegFName	LegF
1	4	Newport Harriers A	Newport Harriers	Open	SEN	36:05	36:05	Spencer Smith	06:03	Craig Williams	05:50	Henry Evans	05:57	Chris Williams	06:06	Remi Adebisi	06:03	Harry Davies	06:06
2	48	TeamThie All-Stars	Team Thie	Open	SEN	36:59	36:59	Ben Claridge	05:57	Ieuan Thomas	05:57	Adam Lane	06:14	James Thie	06:21	Lloyd Sheppard	05:48	Tom Marshall	06:42
3	10	Newport Harriers B	Newport Harriers	Open	SEN	41:36	41:36	Matthew Edmonds	06:22	Luke Gawthorn	06:46	Craig Hudson	06:49	Dean Johnson	06:49	Dean Johnson	07:15	Tyrone Fowler	08:03
4	5	Green Flash	Porthcawl Runners	Open	SEN	44:42	44:43	Jack Pugsley	06:48	Jeff Thomas	07:17	Alun Williams	07:19	Owain Jones	07:58	Sally Pugsley	07:42	William Edwards	07:38
5	9	Caerleon Emperors	Caerleon Running Club	Open	SEN	45:40	45:42	Isabel Young	08:06	Paul Adams	08:31	Lee Holland	07:13	Steve Dance	07:16	Liz Simms	07:20	Dawn Jones	07:14
6	23	Croups GrumpyOldMen	Les Croupiers RC	Open	VET	46:30	46:31	Jeremy Thomas	07:52	Vincent Nazareth	08:23	David Coles	08:15	Adrian Mason	07:09	Andrew Blair	07:22	Emyr Morgan	07:29
7	17	Ferry Flatliners (Open)	Ferry Flatliners	Open	SEN	47:51	47:52	Richard Smith	07:10	Edward Mark Davies	08:09	Craig Jones	08:12	Ryan Jones	08:34	Matthew Dando	08:34	James Curtis	07:12
8	2	RVR 2	Rhondda Valley Runners	Open	SEN	48:57	48:58	Sam Thomas	07:14	Mark Murphy	07:57	Matthew Langford	08:09	Janet Edwards	09:02	Simon Hughes	09:11	Ross Owen	07:24
9	7	Islwyn A	Islwyn RC	Open	SEN	49:25	49:26	Kelly Hall	09:26	Lloyd Hambridge	07:57	Kim Wehden	08:34	Michelle Johnson	08:51	Neil Profit	08:13	Lewis Munro	06:24
10	1	Benjy's Butty's	Bwl	Open	SEN	49:29	49:30	Tomas Black	06:32	Josh Benjamin	08:49	Will Scannell	08:18	Liam Williams	09:31	Carwyn James	08:42	Lloyd Williams	07:37
11	22	RVR 1	Rhondda Valley Runners	Open	VET	50:28	50:29	Mark Griffiths	08:40	Bryan Meredith	07:57	David Morgan	08:22	Steve Holderness	07:47	Carl Edwards	09:58	Shawn Davies	07:44
12	11	Caerleon Gladiators	Caerleon Running Club	Open	SEN	54:27	54:29	Charlotte Moran	08:03	Tammy Fry	09:00	Wesley Harris	08:45	Liz Richards	09:16	Tony Derrick	09:47	Katie Gibbs	09:36
13	14	Let's Go-Tri	Let's Go-Tri	Open	SEN	55:10	55:12	Lianne Blakey	10:25	Rhian Griffiths	08:27	Charlene Metters	10:23	Chris Wells	09:06	Gareth Davis	08:05	Will Cairncross	08:44
14	20	PRR 1	Pontyclun Road Runners	Open	SEN	55:10	55:12	Billy Daniels	07:54	Darpan Singh	09:38	Rebecca White	10:07	Tim Munn	09:43	Laura Mason	09:12	David Shewring	08:36
15	12	GoodGym1	GoodGym	Open	SEN	55:47	55:49	Emily Cotterill	09:33	Llion Wigley	09:37	Adam Hammond	08:51	Stuart Barrow	11:21	Andrew Skelton	08:22	Nathan Swain	08:03
16	18	Pegs (Male)	Pegasus RC	Open	SEN	56:29	56:32	Rachel Davies	08:26	Lynda Dacruz	08:33	Andrew Hollins	10:20	Rob Jones	10:57	Phil Groves	09:40	Debbie Paris	08:33
17	16	Tri Hard	Let's Go-Tri	Open	SEN	56:40	56:43	Martin Fox	10:13	Christopher Orridge	10:13	Rob Lineham	08:19	Fiona Taylor	09:19	Poppy Faucher-Styles	08:47	Laura Baldwin	09:49
18	25	RunNewport Crew	RunNewport	Open	VET	57:10	57:12	Nicola Dando	09:42	Clare Roberts	10:06	Emma Wootten	10:38	Lauren Ringquest	09:35	Julian Taylor	09:04	Iestyn Perham	08:05
19	21	BRF Snails	BRF Running Club	Open	SEN	57:12	57:14	Richard Davies	09:54	Dafydd Jones	09:21	Keith Moss	09:42	Mark Broughton	09:57	Mark Trew	10:12	Sam Broughton	08:06
20	13	Caerleon Centurions	Caerleon Running Club	Open	SEN	58:10	58:13	Jade Wakley	09:44	Craig Hopkins	09:12	Tom Newman	09:46	Matt Tooby	09:52	Matt Turner	08:17	Avisa Talemi	11:19
21	6	Rhoose Runners 1	Rhoose Runners	Open	SEN	1:00:57	1:01:00	Mark Thomas	09:34	Dawn Howard	09:49	Adam Anthony	11:26	Adam Winstone	11:08	Hannah Gaffney	10:17	Jon Hussey	08:43
22	24	Dragons Old Codgers	Dragons Running Club	Open	VET	1:01:21	1:01:25	Gordon Carter	12:30	Anthony Griffiths	09:48	Bernard Williams	11:24	Carwyn Evans	09:59	Michael Bevan	08:20	Huw Davies	09:20
23	15	Pegs (Mixed)	Pegasus RC	Open	SEN	1:01:55	1:01:59	Ben Gooding	08:49	Aled Williams	10:10	Charlotte Bethell	10:40	Michelle Thomas	09:31	Grant McMellin	11:13	Neil Davies	11:32
24	8	Islwyn B	Islwyn RC	Open	SEN	1:04:40	1:04:43	Eden Brookes	10:54	Deborah Brown	12:13	Emma Larsson	10:26	Sarah Pontin	11:13	Ruth Treharne	10:55	Craig Ward	08:59
25	19	Team DITP	Dark in the park	Open	SEN	1:07:16	1:07:19	Paula Harvey	12:10	Becky Winter	12:02	Wendy Thomas	13:04	Dylan Harvey	11:10	Owen Davies	07:53	Nicola Jane	10:57
26	3	RVR 3	Rhondda Valley Runners	Open	SEN	1:09:46	1:09:48	Helen Jones-Davies	12:41	Donna Jones	12:40	Susan Thomas	12:41	Kelly Walsh	11:54	Jenny Jones	11:22	David Manning	08:28