

The Loop 10k 2022.

Overall Results

Place	Bib	Name	Gender	Gen.Place	Category	Club	Chip Time	Gun Time
1.	145	Matthew Hurford	M	1	V40 Men	Les Croupiers RC	41:01	41:01
2.	150	Chris Medcalf	M	2	V40 Men	San Domenico RC	42:06	42:06
3.	54	Tomas Black	M	3	U23 Men		42:19	42:19
4.	156	Sean O'Connor	M	4	V40 Men	Pontypridd Roadents AC	43:02	43:02
5.	140	James Griffiths	M	5	U23 Men	Neath Harriers	43:14	43:14
6.	166	Alex Rees	M	6	Senior Men		44:20	44:20
7.	180	Laurence Pole	M	7	V40 Men	Pontypridd Roadents AC	46:32	46:32
8.	153	Paul Morton	M	8	V40 Men	Les Croupiers RC	46:36	46:38
9.	159	Nathaniel Palmer	M	9	V50 Men	Les Croupiers RC	48:33	48:34
10.	160	Matthew Pearce	M	10	Senior Men		48:38	48:39
11.	127	Shawn Davies	M	11	V40 Men	Rhondda Valley Runners	50:08	50:10
12.	133	Phillip Evans	M	12	Senior Men	Pontypridd Roadents AC	50:20	50:20
13.	51	Jamie Bishop	M	13	Senior Men		50:49	50:49
14.	182	Rebecca Jones	F	1	V35 Women		51:40	51:41
15.	157	Clive Osmond	M	14	V60 Men	Les Croupiers RC	51:41	51:43
16.	181	Neil Williams	M	15	V50 Men		51:46	51:47
17.	71	Paul Chapman	M	16	V50 Men	Les Croupiers RC	53:24	53:26
18.	56	Kevin Bounds	M	17	V40 Men		53:43	53:46
19.	147	Joe Macpherson	M	18	U23 Men	Caerphilly Runners	54:32	54:35
20.	169	David Shewring	M	19	Senior Men	Pontyclun Road Runners	55:06	55:11
21.	76	Kay Chapman	F	2	V55 Women	Les Croupiers RC	55:30	55:32
22.	143	Owain Groves	M	20	Senior Men	Pontypridd Roadents AC	55:44	55:47
23.	135	Stuart Felix	M	21	V50 Men	Rhondda Valley Runners	55:50	55:53
24.	125	Elliot Davies	M	22	U23 Men	Pontypridd Roadents AC	56:07	56:09
25.	136	Robert Flanagan	M	23	V50 Men	Pontypridd Roadents AC	56:45	56:49
26.	138	Huw Gough	M	24	V40 Men	Hengoed Harriers	57:20	57:23
27.	137	David George	M	25	V50 Men	Les Croupiers RC	57:25	57:28
28.	62	Zoe Brooks	F	3	Senior Women	Pontypridd Roadents AC	58:03	58:05
29.	148	Simon Marks	M	26	V50 Men		58:49	58:54
30.	183	Jon Hilder	M	27	Senior Men		59:20	59:24
31.	174	Ellen Sugden	F	4	V45 Women	Pegasus RC	59:29	59:30
32.	170	Darpan Singh	M	28	V40 Men	Pontyclun Road Runners	1:00:00	1:00:04
33.	175	Vanessa Turnbull	F	5	V55 Women	Caerphilly Runners	1:00:04	1:00:08
34.	167	Lyndsey Rushton	F	6	V35 Women	Les Croupiers RC	1:00:50	1:00:51
35.	141	Sally Groves	F	7	V55 Women	Pegasus RC	1:01:12	1:01:15
36.	130	Fiona Drysdale	F	8	V45 Women	Ogmore Phoenix Runners	1:01:18	1:01:22
37.	168	Julie Scholey	F	9	V55 Women	Les Croupiers RC	1:01:27	1:01:28
38.	126	Rebecca Davies	F	10	V35 Women	Rhondda Valley Runners	1:01:35	1:01:37
39.	82	Shaun Cotter	M	29	V50 Men		1:01:52	1:01:56
40.	177	Royston Vincent	M	30	Senior Men	Pontypridd Roadents AC	1:01:55	1:01:59
41.	4	Michelle Amblin	F	11	V45 Women	Les Croupiers RC	1:01:58	1:02:00
42.	161	Maria Pietila	F	12	Senior Women	Mynyddwyr De Cymru	1:02:11	1:02:14
43.	152	Darren Morgan	M	31	V50 Men	Penarth and Dinas Runners	1:05:14	1:05:17
44.	84	Eirwen Davies	F	13	V55 Women		1:06:20	1:06:26
45.	176	Tom Kenneth	M	32	Senior Men		1:06:45	1:06:53
46.	164	Lisa Pryse	F	14	V45 Women		1:07:19	1:07:24
47.	131	Linda Edwards	F	15	V45 Women		1:07:18	1:07:24
48.	158	Sharon Page	F	16	V55 Women		1:07:18	1:07:24
49.	171	Sharon Smith	F	17	V45 Women		1:07:32	1:07:39
50.	146	Michael John	M	33	Senior Men	Pontyclun Road Runners	1:07:39	1:07:44
51.	77	Andrew Coates	M	34	V40 Men	Pontyclun Road Runners	1:08:31	1:08:36
52.	155	Louise Nuttall	F	18	V45 Women	Pontyclun Road Runners	1:19:26	1:19:31
53.	50	Andrea Bishop	F	19	V45 Women		1:21:15	1:21:21
54.	172	Kar Smith	F	20	V45 Women		1:22:59	1:23:05
55.	5	Catherine Anstice	F	21	V35 Women	Ponty Panthers	1:29:33	1:29:41
56.	162	Alex Plaister	M	35	Senior Men	Pontyclun AC	1:31:11	1:31:16

Number of records: 56