



IMPORTANT NOTICE TO ALL TEAM CAPTAINS
IT IS THE TEAM CAPTAINS RESPONSIBILITY TO ENSURE THAT ALL TEAM MEMBERS

1. KNOW THE COURSE ROUTE WHICH IS A FIGURE OF "8" OF A SHORT LOOP 1 AND A LONGER LOOP 2 FOLLOWING THE ROUTE SHOWN BY THE ARROWS 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11
2. KNOW TO GO STRAIGHT ON OVER THE BRIDGE AT THE **ORANGE** MARSHALLING POINT AFTER LOOP 1 AND LEFT AT THE **ORANGE** MARSHALLING POINT AT THE END OF LOOP 2 TOWARDS THE FINISH
3. EXIT THE FINISH AREA DOWN THE EXIT FUNNEL AFTER THEIR LEG IN RACE FINISH ORDER – **FAILURE TO DO SO MAY RESULT IN THE RUNNERS TIME NOT BEING RECORDED**



M MARSHALL POINT

1 ↑
DIRECTION OF RACE ROUTE IN NUMERICAL ORDER

START & FINISH AREA
REGISTRATION &
ST JOHNS
AMBULANCE

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