

## St David's Hospice Care Pontypool 10k Home Run Feb 26-02-2012

Pos	Time	No:	SURNAME	FORENAME	M/F	Club	Cat
1	33.31	609	Carpanini	Chris	M		SNR
2	35.03	621	Barnby	Daryll	M	Fairwater runners	SNR
3	35.12	615	Green	Gareth	M	San Domenico RRC	SNR
4	35.39	632	Taylor	Sean	M	Pont-y-pwl and District Runners	SNR
5	36.29	330	Reynolds	Matthew	M		SNR
6	37.43	625	Davies	Steve	M	Pont-y-pwl and District Runners	V50
7	38.03	268	Chandler	Shaun	M	Army Athletics	SNR
8	38.17	623	Mcflinn	Ryan	M		SNR
9	39.16	343	Thomas	Miles	M	Lliswerry Runners	SNR
10	39.19	360	Lloyd	Richard	M	Fairwater runners	SNR
11	39.58	608	Carpanini	Mark	M		V40
12	40.55	337	Sliczny	Jon	M	Griffithstown Harriers	SNR
13	41.05	630	Harris	Paul	M	Lliswerry Runners	V40
14	41.18	386	Evans	Alun	M		V40
15	41.22	316	Morgan	Ray	M	Pont-y-pwl and District Runners	SNR
16	42.01	365	Harris	Michael	M	Caerleon Running Club	SNR
17	42.15	390	Jones	Gemma	F	Lliswerry Runners	snr
18	42.16	635	Jones	Bleddyn	M	NEWT	SNR
19	42.32	359	Edwards	Peter	M	Fairwater runners	SNR
20	42.41	389	Jones	Christopher	M	Lliswerry Runners	V50
21	43.04	649	Summers	Lou	F	Chepstow	V40
22	43.22	362	Arthur	Dan	M	Caerleon Running Club	SNR
23	43.23	283	Donovan	P	M	Pont-y-pwl and District Runners	V40
24	43.23	311	Kersley	Nathan	M		SNR
25	43.28	368	Thomas	Peter	M	Caerleon Running Club	V50
26	43.28	249	Walsh	Nicholas	M		V40
27	43.52	370	Duffield	Helen	F	Chepstow	SNR
28	44.01	273	Cullinane	Anthony	M		V40
29	44.02	616	Rodger	Peter	M	Caerleon Running Club	V50
30	44.19	378	Phillips	Brian	M	Park Brynbach	V40
31	44.23	612	Stevens	Darren	M		V40
32	44.25	650	Taylor	Rob	M		SNR
33	44.31	382	Smout	David	M	Park Brynbach	V60
34	44.36	215	Lewis	William	M	Expert Fit	V50
35	44.4	381	Morgan	Hywel	M		SNR
36	44.45	371	Mason	Howard	M	Caerleon Running Club	V40
37	44.54	303	Hughes	Phillip	M	San Domenico RRC	SNR
38	44.59	265	Booth	Phil	M		V40
39	45.07	243	Gittings	Keith	M		V50
40	45.08	244	Gittins	Jade	F		SNR
41	45.19	373	Matthews	Steve	M	Griffithstown Harriers	V40
42	45.23	399	Hayes	Alyson	F	Les Croupiers	V40
43	45.26	239	Green	Lynn	F	Cardigan RC	V50
44	46.02	639	Bradley	Malcolm	M	Penarth & Dinas	V60
45	46.09	357	Williamson	Mark	M		V50
46	46.25	641	James	John	M	Aderyn	V40
47	46.33	645	Russell	Kevin	M	San Domenico RRC	V50
48	46.39	276	Davies	Andy	M	Pontypridd Roadents AC	V40

Pos	Time	No:	SURNAME	FORENAME	M/F	Club	Cat
49	46.58	278	Davies	Laura	M		SNR
50	46.59	235	Wood	Alun	M		SNR
51	47.01	367	Hoskins	Philip	M		V40
52	47.06	631	Mulcahy	Matthew	M		SNR
53	47.08	298	Hicks	Helen	F		V40
54	47.15	269	Cleverley	Andrew	M		V40
55	47.19	388	Ford	Robert	M	Pontypridd Roadents AC	V50
56	47.22	217	Probert	Leo	M		SNR
57	57.3	212	Hughes	Glenn	M		SNR
58	47.4	640	Griffiths	Wayne	M		SNR
59	47.42	348	Vaughan	Richard	M		SNR
60	47.44	326	Pritchard	Michael	M		V50
61	47.56	252	Anderson	Rob	M	Lliswerry Runners	V70
62	47.56	329	Rehman	Nud	M		SNR
63	47.58	263	Blow	Graham	M		V40
64	48.11	257					
65	48.22	363	Lloyd	Matthew	M	Fairwater runners	SNR
66	48.25	334	Sheppard	Karen	F		V50
66	48.25	643	Hillard	Kirk	M	Spirit of Monmouth	V40
68	48.27	230	Jones	Brian	M	Usk Runners	V40
69	48.28	255	Attwood	Howard	M	Lliswerry Runners	V60
70	48.32	622	Williams	Clare	F	Islwyn	snr
71	48.45	366	Richardson	David	M		V50
72	48.47	321	Pole	David	M		V40
73	48.48	301	Howells	Charlotte	F		SNR
74	48.49	614	Turnbull	Vanessa	F		V40
75	48.52	395	Davies	Alan	M	Usk Runners	V50
76	48.53	629	Daniels	Peta	F	Lliswerry Runners	v40
77	49	638	Jenkins	Martyn	M	Fairwater runners	V50
78	49.08	280	Davies	Mike	M	Caerleon Running Club	V50
79	49.27	270	Cox	Malcolm	M	Griffithstown Harriers	V60
80	49.34	299	Hicks	Paul	M		V40
81	49.35	385	Lyons	Pete	M	Usk Runners	V40
82	49.44	636	Washbrook	Tim	M		SNR
83	49.51	317	O'Brien	Terry	M		V50
84	49.57	307	Jeremiah	Carl	M		V40
85	50.09	624	McIreadie	Ben	M		SNR
86	50.2	218	Ward	Ruth	F		SNR
87	50.21	656	Payton	Daniel	M		SNR
88	50.25	238	Hughes	Frazer	M		SNR
89	50.25	250	John	Dylan	M		SNR
90	50.35	383	Cooksey	Clive	M	Park Brynbach	V60
91	50.36	237	Cross	David	M		V50
92	50.36	628	Bowmal	Jessica	F		SNR
93	50.4	216	Hughes	Johnathan	M	Body Management	SNR
94	50.42	637	Jenkins	Jeanette	F	Fairwater runners	V50
95	50.53	387	Price	Ian	M	Caerleon Running Club	V40
96	51.05	384	Crew	Richard	M	Park Brynbach	SNR
97	51.25	394	Luckett	Peter	M		V40

Pos	Time	No:	SURNAME	FORENAME	M/F	Club	Cat
98	51.27	260	Beck	Nicola	F	Lliswerry Runners	V40
99	51.3	655	Stokes	Elizabeth	F	Griffithstown Harriers	V40
100	51.49	653	Rubble	Barney	M		V40
101	51.52	240	Jones	Gareth	M		SNR
102	51.57	254	Arthur	Stuart	M		SNR
103							
104	51.58	253	Arthur	Neil	M		SNR
105	51.59	338	Williams	Angharrad	F		SNR
106	52.04	397	Jones	Wayne	M		SNR
107	52.07	396	Griffiths	Barry	M		V40
108	52.1	369	Sheedy	Alison	F	Lliswerry Runners	V40
109	52.12	380	Hart	Robert	M		V40
110	52.26	?					
111	52.29	213	Bloor	Parla	F		V40
112	52.3	627	Langley	Keith	M		V50
113	52.45	285	Dursley	Paul	M	Lliswerry Runners	V50
114	52.49	617	Edwards	Tracy	F	Rhondda Runners	V40
115	52.56	340	Taylor	Matthew	M		SNR
116	52.59	393	Rackham	Amy	F	Caerleon Running Club	SNR
117	53.02	652	Hillard	Lee	M		SNR
118	53.14	660	Griffiths	Neil	M		SNR
119	53.27	619	Jarman	Elsbeth	F		V50
120	53.39	646	Bradley	Darren	M		V40
121	53.48	392	Creasey	Jeremy	M	Spirit of Monmouth	V40
122	54.02	289	Evans	Lisa	F	Spirit of Monmouth	SNR
123	54.27	654	Roberts	Holly	F		snr
124	54.55	290	Evans	Steven	M		SNR
125	54.56	228	Kempton	David Ronald	M		V50
126	55.01	251	Adams	David	M		SNR
127	55.11	618	Timson	Dave	M		V40
128	55.22	300	Howell	Kim	F	Caerleon Running Club	V50
129	55.37	279	Davies	Martin	M		V40
130	55.4	282	Donovan	Nadine	F	Pont-y-pwl and District Runners	SNR
131	55.43	339	Smith	Stephen	M		V40
132	55.56	236	Dent	Stuart	M		V40
133	55.58	248	Barlett	Dawson	M		SNR
134	56.05	288	Evans	James	M		SNR
135	56.34	287	Evans	Gareth	M		V60
136	56.56	302	Hughes	Barry	M		SNR
137	57.01	292	Forsey	Yvonne	F	Lliswerry Runners	V50
138	57.02	374	Woodford	Carol	F		V50
139	57.09	346	Tothill	Ceri	F		SNR
140	57.13	613	Holyfield	Gareth	M		V40
141	57.32	375	Coon	Simon	M		SNR
142	57.32	376	Garland	Sarah	F		SNR
143	57.44	293	Gentle	Chris	M	Lliswerry Runners	V40
144	57.5	620	Chipper	Neil	M	Lliswerry Runners	V50
145	57.52	304	Hughes	Stephen	M		V40
146	58.02	379	Locke	Stephen	M		V40

Pos	Time	No:	SURNAME	FORENAME	M/F	Club	Cat
147	58.16	345	Topczyklo - Evans	Richard	M		SNR
148	58.24	377	Maguire	Niamh	F	Caerleon Running Club	SNR
149	58.33	242	Small	Rhiannon	F		SNR
150	58.55	372	Simokin	Ken	M		V40
151	58.57	391	jones	alison	F	Lliswerry Runners	V50
152	59.12	347	Trenfield	Mary	F	Caerleon Running Club	V50
153	59.22	648	Mear	Greg	M	Outdoor Fitness	V40
154	59.29	610	Llewellyn	Catherine	F		V40
155	59.46	626	Singh	Manohar	M		V40
156	59.49	611	Stevens	Sandra	F		V60
157	60	642	Burchell	Julie	F		V40
158	60.17	634	Rees	Wendy	F	Griffithstown Harriers	V50
159	60.24	306	Janes	Holly	F		SNR
160	60.32	398	John	Nanette	F		V50
161	60.49	296	Grimes	Anthony	M		SNR
162	61.01	323	Politi	David	M		V40
163	61.05	247	Bartlett	Carl	M		SNR
164	61.07	309	Jones	Nicola	F		SNR
165	61.08	214	Hawkins	John	M		V40
166	61.32	358	Howells	Gwyneth	F	Caerleon Running Club	V60
167	61.33	297	Hammond	Janeann	F		V40
168	61.42	312	Lang	Naomi	F		SNR
169	61.51	651	Brewer	Hazel	F		snr
170	61.55	258	Batchelder	Laura	F		SNR
171	62	647	Fear	Vicky	F	Lliswerry Runners	snr
172	62.1	644	Bidmead	Tig	M		v60
173	62.11	310	Jones	Stephen	M		V50
174	62.14	320	Pinkstone	Andrew	M		V40
175	62.24	220	Greenwell	Stewart	M	Usk Runners	V50
176	63.16	658	Roe	Jane	F		V50
177	63.21	219	Young	Andrew	M		V40
178	63.21	328	Rawlings	Melissa	F		SNR
179	63.45	353	Willcox	Gary	M		V50
180	63.57	264	Booth	Andrew	M	Road Runners Club	V50
181	64.02	241	Singer	Graham	M		V50
182	64.09	259	Beard	Mark	M		V40
183	64.32	234	Nicol	Robin	M		V60
184	64.39	356	Williams	Grant	M		SNR
185	64.48	245	Cole	Beverley	F		V40
186	64.48	294	Gittins	Sharon	F		V40
187	64.58	657	Patton	Ian	M		SNR
188	65.27	633	Garnes	Esther	F		snr
189	66.49	336	Skrobala	Patrycja	F		SNR
190	67.04	284	Dursley	Lynda	F		V50
191	67.12	261	Bignell	Claire	F		SNR
192	69.19	??					
193	69.52	271	Crane	Jonathan	M		V40
194	69.52	327	Quarterly	Mark	M		V40
195	69.55	315	Morgan	Amberley	F		SNR

Pos	Time	No:	SURNAME	FORENAME	M/F	Club	Cat
196	70.07	231	Probert	Tracy	F		V40
197	70.21	286	Evans	Clive	M		V70
198	71.1	352	Wilcox	Robert	M		SNR
199	71.15	349	Vaughan	Terry	M	Ebbw Vale Running Club	SNR
200	72.31	232	Knight	Julie	F		V40
201	72.44	344	Thomas	Nicola	F		SNR
202	73.12	222	Sims	Sally	F		V50
203	73.12	223	Duncan	Colin	M		V70
204	73.16	333	Santaeulalia	Carmen	F		V40
205	73.16	364	Berglund	Emma	F		V40
206	75.25	224	Clarke	T	M		V70
207	76.44	342	Taylor	Gill	F		V40
208	76.44	314	Maggs	Elaine	F		V40
209	80.02	322	Pole	Rhian	F		SNR
210	84.22	659	Steel	A	M		V60
211	88.29	227	Price	Paul	M		V50
212	108.49	361	Watts	Allen	M	Sarn Helen	V70
213	112.26	325	Price	Tracy	F		V40
214	113.53	225	Clarke	Valerie	F		V60
215	113.53	226	Anthony	James	M		V50
DNS		221	Short	Peter	M		V50
DNS		229	Jones	Clara	F	Usk Runners	SNR
DNS		246	Short	C	M		SNR
DNS		250	John	Dylan	M		SNR
DNS		256	Barry	Andy	M		V50
DNS		262	Blackman	Gareth	M		SNR
DNS		266	Bullock	Dawn	M		SNR
DNS		267	Carter	Ruth	F		SNR
DNS		272	Crocker	Russell	M		SNR
DNS		274	Cumpstone	David	M		SNR
DNS		275	Cumpstone	Zara	F	Lliswerry Runners	SNR
DNS		277	Davies	Lloyd	M		SNR
DNS		281	Davies	Nicola	F		SNR
DNS		291	Forey	Johnathan	M		V40
DNS		295	Griffiths	Nigel	M		V40
DNS		305	Hustin	Sandra	F		V40
DNS		308	Jones	David	M		V40
DNS		313	Lewis	Steffan	M		SNR
DNS		318	Parfitt	Rhys	M	Pont-y-pwl and District Runners	SNR
DNS		319	Paterson	Georgia	F		SNR
DNS		324	Price	Andrew	M	Brecon AC	V40
DNS		331	Robertson	Andy	M		SNR
DNS		332	Ruck	Martin	M		V40
DNS		335	Sibey	John	M	San Domenico RRC	SNR
DNS		341	Taylor	Gerwyn	M		SNR
DNS		350	Wainwright	Elinor	F		V40
DNS		351	Webb	Matt	M		SNR

Pos	Time	No:	SURNAME	FORENAME	M/F	Club	Cat
DNS		355	Williams	Dafydd	M		SNR
			Jeremiah	Carl	M		V40