

Pontypridd Park Relays 2026 - Results - Open Race

Place	Bib	Team	Club Name	Cat.	AG	ChipTime	GunTime	Leg A Runner	Leg A	Leg B Runner	Leg B	Leg C Runner	Leg C	Leg D Runner	Leg D
1	37	Neath Harriers A	Neath Harriers	OPEN	SEN	25:02	25:03	Osian Davies	06:10	Scott Williams	06:27	Shane Williams	06:22	Thomas Loynes	06:03
2	65	TRG 1	TRG RUNNERS	OPEN	SEN	25:28	25:28	Marc Bloomfield	06:39	Daniel O'Toole	06:34	Kenny Bell	06:18	Dave Locke	05:57
3	27	Aberdare Youth	Aberdare	OPEN	SEN	26:49	26:50	Evan Davies	06:43	Evan Rowe	06:42	Noah Howells	06:56	Ioan Vale	06:28
4	38	Neath Harriers B	Neath Harriers	OPEN	SEN	27:00	27:02	Steve Rees	06:59	Liam Oak	06:36	Stephen Donnelly	06:36	Nick Grinnell	06:49
5	42	Past-Present-Future	Mixed	OPEN	SEN	27:44	27:46	Riley Nealon	07:19	Gabrielius Stukous	07:03	Matthew Davies	06:47	Anthony Smets	06:35
6	78	HBT	HBT	OPEN	SEN	27:52	27:55	Luke Bowen	07:00	Glenn Raynes	06:55	Richard Griffiths	07:08	Tom Davies	06:49
7	47	Rhondda Olympians	Rhondda Olympians	OPEN	SEN	27:57	27:58	Leroy Griffiths	06:43	Daniel Richards	06:55	Rhys Kelland	07:01	Dexter Clement	07:18
8	25	Aberdare Goldies	Aberdare	OPEN	NET	28:01	28:03	Adrian Lewis	07:33	Richie Matthews	07:21	Chris Williams	06:43	Martyn Rowling	06:24
9	66	TRG 2	TRG RUNNERS	OPEN	SEN	28:15	28:16	Richard Rees	06:53	Harry Walton	06:45	Morgan West	07:23	Rhys Thomas	07:14
10	81	Thrive Health Cafe	Pontypridd Roadents	OPEN	SEN	28:48	28:51	Dan Davies	07:04	Ben Price	07:49	Curtis Dowse	07:25	Ellis Davies	06:30
11	49	Rhondda Tri A	Rhondda Triathlon Club	OPEN	SEN	28:56	28:58	Stuart Greening	07:05	Rhys Jones	07:22	Dai Long	07:22	Matt Stokes	07:07
12	58	RVR Open 1	Rhondda Valley Runners	OPEN	SEN	29:12	29:14	Shawn Davies	07:01	Bryan Meredith	08:10	John Adams	07:11	Jason Ivins	06:50
13	71	Aberdare pace scenario	Mixed	OPEN	SEN	29:20	29:21	Gethin Thomas	07:44	John Keeble	07:34	Jaime Holmes	07:04	Brennan Gait	06:58
14	39	Neath Harriers C	Neath Harriers	OPEN	SEN	29:49	29:51	Idris Hanmer	07:14	Sam Williams	06:58	Ian Davies	08:18	Rob Prady	07:19
15	69	VA 2	Valley Avengers Tri	OPEN	SEN	29:59	30:03	Kurt Morgan	07:06	Ben Hewer	07:19	Brandon Evans	07:26	Gareth Kakub	08:08
16	46	RDNITS	RDNITS	OPEN	SEN	30:08	30:09	Sebastian Hobbs	06:51	Sophie Hobbs	08:40	Olivia Perry	08:00	Darren Bishop	06:37
17	51	Rhymney valley 2	Rhymney Valley	OPEN	SEN	30:12	30:14	Joseph Gibson Parker	06:49	Maddison Tattersall	08:31	Rosie Gabriele	07:47	Jacob Thomas	07:05
18	31	Caerphilly Runners 4	Caerphilly Runners	OPEN	SEN	30:21	30:23	John Seaward	07:34	Alexander Hutton-Lewis	07:35	Tom Longley	07:54	Matthew Rowe	07:18
19	24	Aberdare Beers	Aberdare	OPEN	SEN	30:24	30:25	Luke Griffiths	06:33	Robert Price	08:32	Brendan Price	08:16	John Howells	07:03
20	67	TRG 3	TRG RUNNERS	OPEN	SEN	30:28	30:29	Oskar Siupq	07:23	Thomas Powell	07:04	James Barber	07:46	Leyland Davies	08:15
21	68	VA 1	Valley Avengers Tri	OPEN	SEN	30:32	30:36	Ieuan Parsons	07:37	Daniel James	07:56	Stefan King	07:55	Luke Jarvis	07:04
22	79	Porthcawl Plodders	Porthcawl Runners	OPEN	SEN	30:33	30:35	Ben Lewis	08:23	India Greenslade	07:48	Lorcan Breheny	07:23	Rhys Mumford	06:59
23	36	Legs Miserables	Mixed	OPEN	SEN	30:37	30:39	Neil Profit	07:46	Michael Thorne	07:33	Ben Thomas	07:38	Steve Pontin	07:40
24	63	Thirsty Thursdays	Thirsty Elephant Run Club	OPEN	SEN	30:44	30:47	Nathan Stokes	07:49	Matthew Martin	07:54	Stuart Peploe	07:32	Keelan Fackrell	07:29
25	77	CF44	CF44 Gym	OPEN	SEN	30:51	30:54	Garin Mann	09:07	Connor Williams	07:35	Jordan Christopher	07:15	Luke Spencer	06:54
26	41	Neath Harriers E	Neath Harriers	OPEN	SEN	31:20	31:24	Dean Williams	08:20	Thomas Callard	06:26	Ffion Davies	08:04	Iain Hendry	08:30
27	72	Ystrad Runners A	Ystrad Mynach Running Club	OPEN	SEN	31:30	31:34	Alun King	08:16	Kieran Loughlin	08:20	Steve Evans	07:53	Evan Taylor- Price	07:01
28	54	Run for sMILES	Run for sMILES	OPEN	NET	31:31	31:34	Ceri Irvine	08:47	Matthew Phillips	07:18	Craig Thomas	08:03	Neil Williams	07:23
29	59	RVR Open 2	Rhondda Valley Runners	OPEN	SEN	31:56	31:58	David Calvert	07:47	Mark Griffiths	07:50	Ethan Morris-Knight	08:28	Richard Williams	07:51
30	40	Neath Harriers D	Neath Harriers	OPEN	SEN	31:59	32:03	Aled Thomas	08:08	Gethin Davies	07:39	Caleb Howells	07:29	Steve Williams	08:43
31	43	Penarth Dragons	Penarth & Dinas Runners	OPEN	SEN	32:12	32:18	Bronwen Calnan	09:24	Geraint Hopkins	07:17	Keira Pratt	08:31	Richard Cartwright	07:00
32	64	TRG - 4	TRG RUNNERS	OPEN	SEN	32:45	32:48	Jacob Avery	07:51	Joe Lewis	08:22	Joe Nash	08:06	David Bowring	08:26
33	70	VA 3	Valley Avengers Tri	OPEN	SEN	32:57	33:00	Finley Symons	07:38	Leighton James	07:21	Rhodri Wake	09:15	Darren Symons	08:43
34	26	Aberdare Pints	Aberdare	OPEN	NET	33:06	33:09	Lloyd McGeoch-Williams	07:49	Alan Matthews	08:47	Gavin Morgan	08:36	Rich Everitt	07:54
35	48	Rhondda Titans	Rhondda Titans	OPEN	NET	33:20	33:23	Bryn Griffiths	08:49	Nick Santos	08:15	Rhys Davies	08:04	Matt Todd Jones	08:12
36	62	The forgotten 4	Mixed	OPEN	SEN	33:32	33:36	Niall Boardman	08:15	Neil Thorpe	08:14	Lawrence Mansell	08:30	Dai Thomas	08:33
37	52	Rhymney Valley 3	Rhymney Valley	OPEN	SEN	33:39	33:41	Harry Phillips	09:04	Elliot Loughlin	08:08	Jacob Profit	09:00	Isaac Loughlin	07:27
38	32	CF44 Mixed	CF44	OPEN	SEN	34:16	34:20	Ethan Davies	08:25	Shauna Hopkins	09:17	Tayla Reddick	09:12	Thomas Hopkins	07:22
39	30	Caerphilly Runners 3	Caerphilly Runners	OPEN	NET	34:51	34:54	Huw James	07:57	Stephen Protheroe-Hewitt	09:24	Lee Canning	09:20	Richard Rouse	08:10
40	73	Ystrad Runners B	Ystrad Mynach Running Club	OPEN	SEN	34:56	35:01	Kris Bird	08:29	Ben Judd	09:08	Nigel Herbert	09:17	Ches Smith	08:02
41	50	Rhondda Tri B	Rhondda Triathlon Club	OPEN	NET	35:47	35:51	Gavin Bendon	08:59	Michael Tinson	09:41	Rob Clarke	08:39	Steven Williams	08:28
42	56	RVR B	Rhondda Valley Runners	OPEN	SEN	35:53	35:56	Sarah Salter	08:55	Andrew Fry	09:45	Gary Webber	09:05	Steve Holderness	08:08
43	60	RVR Open 3	Rhondda Valley Runners	OPEN	NET	36:50	36:53	David Morgan	08:37	Clive Denton	09:56	Huw Williams	09:23	John Sutton	08:54
44	53	Rhymney Valley 6	Rhymney Valley	OPEN	SEN	37:15	37:17	George Phillips	08:35	Elias Sullivan	08:54	Craig Edwards	08:29	Gino Gabriele	11:17
45	33	Energie Fitness 1	Energie Fitness Pontypridd	OPEN	SEN	37:22	37:24	Jackie Barnhouse	08:22	Rebecca Pitt	11:30	Geraint Pitt	08:44	Carter Mountjoy	08:46
46	45	Rapid thigh movement	Mixed	OPEN	SEN	37:54	37:59	Eden Brookes	09:59	Paul Brookes	08:48	Sian Edwards	10:31	Nick Wilson	08:36
47	61	RVR Open 4	Rhondda Valley Runners	OPEN	SEN	38:01	38:06	Tim Meredith	09:32	Garod Griffiths	10:02	Mark Harrison	09:27	Steven Leach	09:00
48	28	B'Rhoose Forsyth	Rhoose Runners	OPEN	SEN	38:01	38:06	Delia Keen	11:32	Edward Tuite	08:53	Anzela Volkova	09:11	Jon Hussey	08:25
49	34	Energie Fitness 2	Energie Fitness Pontypridd	OPEN	SEN	38:47	38:49	Marie Coles	08:15	Katie Gough	11:53	Jon Miles	08:13	Robbie Edwards	10:26
50	55	Run for sMILES "B"	Run for sMILES	OPEN	SEN	39:42	39:47	Alison Williams	09:41	David Bailies	10:01	James Marden	09:07	Dylan Marden	10:53
51	29	B'Rhoose Springsteen	Rhoose Runners	OPEN	SEN	39:46	39:51	Alexander James	08:27	Hailey Llewellyn Hussey	13:29	Daniel Evans	09:34	Stephen Lloyd	08:16
52	80	Team Ryan	No club	OPEN	SEN	40:54	40:58	Keith Ryan	12:28	Bella Ryan	10:14	Gemma Ryan	10:34	Michael Ryan	07:38
53	82	We let the boys in	Blister sister running club	OPEN	SEN	40:58	41:04	Abi Williams	11:01	Emily Roberts	11:49	Erin Roberts	10:21	Tom Canelly	07:47
54	75	Blisters and Bro	Blister sister running club	OPEN	SEN	41:11	41:14	Sophie Tamplin	09:54	Dan Pugh	10:59	Charlie Batt	11:33	Ceri Davies	08:45
55	74	Ystrad Runners C	Ystrad Mynach Running Club	OPEN	NET	42:08	42:12	Leslie Loader	10:38	Cheryl Griffith	10:53	Wayne Jones	11:14	Luke Davies	09:23
56	57	RVR D	Rhondda Valley Runners	OPEN	SEN	48:43	48:49	Katie Hawdon	12:39	Brenda Evans	13:14	Mair Tomkinson-Armytage	12:12	Robert Joslin	10:38
57	35	Go like Bell	Na	OPEN	SEN	49:04	49:10	Sophie Bell	10:53	Claire Bell	12:25	Laura Bell	17:30	Ian Bell	08:16