

Pontypridd Park Relays 2026 - Results - Ladies Race

Place	Bib	Team	Club Name	Cat.	AG	ChipTime	GunTime	Leg A Runner	Leg A	Leg B Runner	Leg B	Leg C Runner	Leg C	Leg D Runner	Leg D
1	6	Neath Harriers A	Neath Harriers	Ladies	SEN	29:39	29:39	Jess Davies	06:56	Sioned Howells	07:40	Olivia Glave	08:12	Emily Davies	06:51
2	9	Rhondda Rockets	Rhondda Athletics Club	Ladies	SEN	31:18	31:18	Izzy Kelland	07:42	Dakota Davies	08:17	Indianna Jones	08:00	Alesha Santos	07:19
3	16	TRG L1	TRG RUNNERS	Ladies	SEN	31:33	31:35	Charm Duggan	07:47	Ashley Withers	08:15	Becky Murphy	08:00	Alex O'Toole	07:31
4	5	Les Croupiers Queens	Les Croupiers	Ladies	SEN	31:37	31:38	Stephanie Hambleton	07:48	Shannon Jones	08:29	Ella Jennings	07:41	Alaw Evans	07:39
5	15	Sole sisters	Mixed	Ladies	SEN	32:55	32:57	Eve Tranter	08:16	Ceri Bartley	08:24	Georgia Stocks	08:23	Kimberley Evans	07:52
6	23	Green Mean Girls	Porthcawl Runners	Ladies	SEN	34:12	34:14	Lee Bodenham	08:45	Breige Lawrence	08:37	Anna Hayes	08:28	Louise Mordue	08:22
7	17	TRG L2	TRG RUNNERS	Ladies	SEN	34:47	34:48	Abbie Waters	08:39	Beth Thomas	08:53	Natasha Matthews	08:43	Joanne Galazka	08:32
8	7	Neath Harriers B	Neath Harriers	Ladies	SEN	35:03	35:04	Bethan Ball	08:30	Izzy Hendry	08:58	Jen Roberts	08:28	Louisa Ball	09:07
9	10	Rhymney Valley 1	Rhymney Valley	Ladies	SEN	36:09	36:10	Poppy Howells	08:54	Jessica Bateman	09:48	Emily Bessant Evans	09:59	Ariana Sullivan	07:28
10	8	Neath Harriers C	Neath Harriers	Ladies	SEN	36:20	36:20	Freya Williams	08:13	Grace Breach	09:11	Lizzy Felton	08:46	Lacey Day	10:10
11	13	RVR A	Rhondda Valley Runners	Ladies	VET	36:22	36:23	Natalie Davies	08:37	Rebecca Davies	10:09	Sara Hewison	08:30	Amy Edwards	09:06
12	12	Rhymney Valley 5	Rhymney Valley	Ladies	SEN	36:30	36:31	Isabel Evans	09:51	Lilly Davies	09:28	Robyn Gabriele	08:43	Nia Edwards	08:28
13	18	Unofficial IRC team	Mixed	Ladies	VET	36:34	36:36	Lorraine Kelsey	08:58	Michelle Johnson	09:16	Zoe Parham	09:10	Melissa Morgan	09:10
14	21	CF44 Girls	CF44	Ladies	SEN	37:52	37:54	Alys Scaccia	08:59	Leigh Woodford	10:14	Kelly Panniers	09:41	Kayleigh Williams	08:58
15	1	Aberdare Gold Girls	Aberdare	Ladies	SEN	38:41	38:44	Meadow Morris	09:15	Lois Worlock	10:02	Pheobe Morgan	08:47	Lacey Clissold	10:37
16	22	Chafing the dream	Blister sister running club	Ladies	SEN	40:34	40:37	Cath Owen	11:44	Carlie Logan	11:25	Bec Fisher	08:48	Hollie Morgan	08:37
17	11	Rhymney Valley 4	Rhymney Valley	Ladies	SEN	41:17	41:19	Amelia Richards	10:04	Emma Griffiths	11:35	Myla Sullivan	09:15	Faith Parsons	10:23
18	3	Caerphilly Runners 2	Caerphilly Runners	Ladies	SEN	41:26	41:28	Elizabeth Stephens	09:49	Beth Powell	10:16	Naomi Davies	11:07	Jayne Stephens	10:14
19	14	RVR C	Rhondda Valley Runners	Ladies	SEN	42:31	42:33	Lauren Cooke	10:58	Emma Chivers	09:58	Rachel Carey	11:12	Natalie Bartlett	10:23
20	19	Ystrad Runners E	Ystrad Mynach Running Club	Ladies	VET	45:28	45:31	Amy Bevan	10:27	Jordan Morris	12:29	Michelle Morgan	11:36	Laura Thomas	10:56
21	4	Gatto be kidding me	Thursday Run Club	Ladies	SEN	45:39	45:42	Kate Mills	12:23	Samantha Kear	11:28	Kirstie Davies	10:51	Moli Turner	10:57
22	20	Ystrad Runners F	Ystrad Mynach Running Club	Ladies	VET	50:20	50:23	Liz Jarrett	12:22	Ann Wilks	13:49	Alyson Smith	11:44	Elaine Morgans	12:25
23	2	Caerphilly Runners 1	Caerphilly Runners	Ladies	SEN	55:26	55:29	Lucy Fear	12:19	Kacey Idzi	13:01	Sara Davies	17:34	Samantha Taylor	12:32